

# S P L A S H

May 2015

## New Governor hosts Investiture

In his first official act as the Society's Governor, Mr. Frederick C. McElman CM, QC hosted the Society's annual Investiture of Commonwealth Honours on April 25 at the beautiful new Fredericton YMCA.

The Society's annual Investiture is a highlight for Society's members and award recipients who gather to celebrate the work of outstanding volunteer leaders. Cheeks blushed as reports of their volunteer contributions were read aloud in the honour award citations.

Our new Governor joins the Society with extensive volunteer experience with other organizations. Mr. McElman attended the University of New Brunswick and Harvard Law School. He is a partner at Stewart McKelvey in Fredericton, where he specializes in litigation, commercial and administrative law. Mr. McElman is a member of the Order of Canada and Queen's Council.

The Investiture and reception preceded the Society's Annual General Meeting where a slate of new talent was elected to join the Society's experienced volunteers – ensuring we'll be presenting even more Commonwealth Honours in the coming years.



Lifesaving Society New Brunswick Governor McElman invests Doug as a Commonwealth Vice President.

## Doug Trentowsky honoured

During his 32 year career with the Lifesaving Society, Doug Trentowsky has worn many hats – or perhaps bathing suits says it better. Doug started as an Instructor, Lifeguard, Examiner and Instructor Trainer. He served as a committee chair, board member and two-time President of the Lifesaving Society New Brunswick. He is a leading Lifesaving Sport competitor, coach and official both locally and internationally. An outstanding lifesaver himself, Doug earned the Mountbatten Rescue Commendation (1996) and the Mountbatten Medal (1998).

Doug was honoured with the Society's prestigious Commonwealth Vice President Award. Congratulations Doug and thank you for your extraordinary service in our humanitarian cause.



Now available on website – the Annual Report on the Society's activities during the 2014 year.

# ACTAR Training Systems

CPR training manikins are required for use in first aid courses. ACTAR training equipment is Canada's No.1 CPR and AED training system. ACTAR products are lightweight and come in convenient carrying bags that are easy to transport. They are easy to clean and require little maintenance. Lifeguarddepot.com offers the full line including ACTAR 911, ACTAR D-Fib, ACTAR AED trainers, accessory parts and restock supplies.

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## Swim for Life update

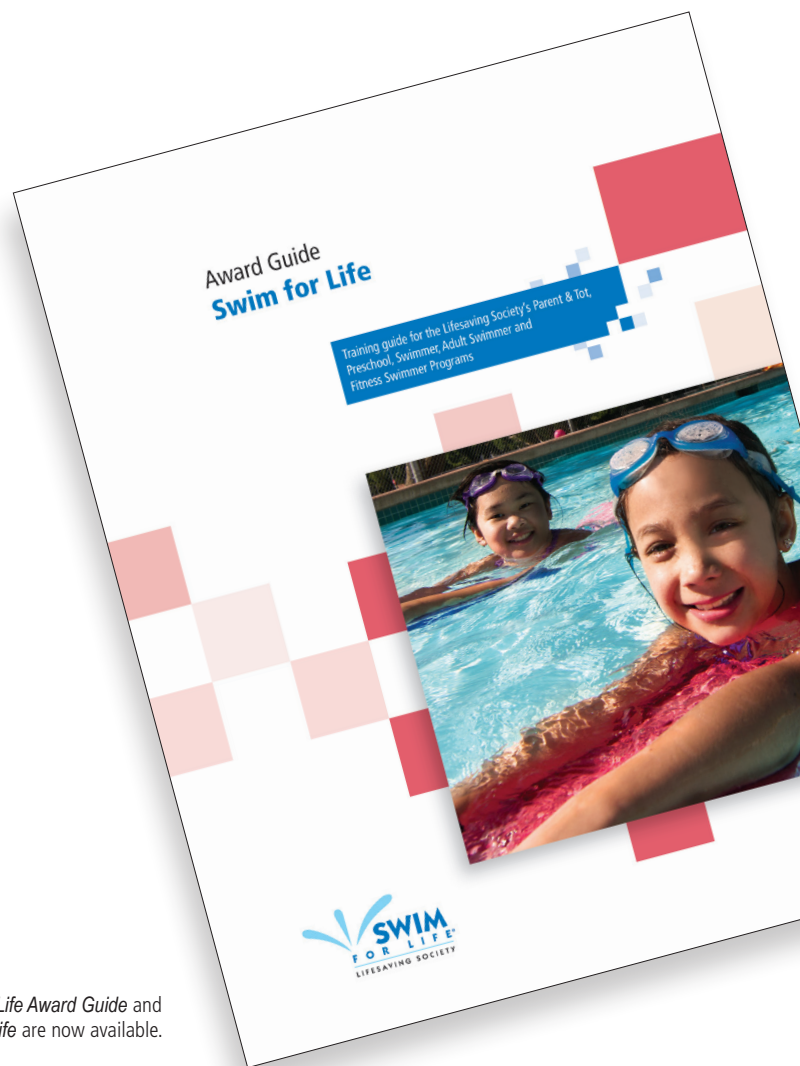
The revised Swim for Life program is now available for affiliates to implement. Revisions, based on feedback from affiliates, instructors and participants, primarily affect Preschool and Swimmer levels and include:

- Except for Adult levels, specified distances and times replace the ranges to provide greater consistency for instructors.
- Stroke "Must Sees" are more specific.
- Swim to Survive® items shifted up one level to better align the required swim distance with participant ability.
- Water Smart® education is now a stand-alone "Item" with "Must Sees" to ensure that appropriate water safety message are delivered at specific levels.

The updated editions of our *Swim for Life Award Guide* and *Teaching Swim for Life* are now available.

# New Brunswick Waterfront Lifeguard Championships

Parlee Beach, August 5, 2015. Registration information will be posted at [www.lifesavingnb.ca](http://www.lifesavingnb.ca).



The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.