

Society welcomes new President



Stephen Hanlon became President of the Lifesaving Society New Brunswick at the Society's April AGM. Stephen is a long-time volunteer who has served the Society in a variety of roles including Examiner, Instructor Trainer, Lifesaving Sport Official and board member. He has a background in Nuclear Medicine Technology and works for the New Brunswick Department of Health as a PACS Administrator. He succeeds Doug Trentowsky.

Clarification: National Lifeguard (Pool) Item 2c



In this sprint item, candidates swim 50 m head-up within 60 sec. The National Lifeguard Award Guide Must Sees are:

- In-water start
- Head-up breaststroke or head-up front crawl throughout
- Distance completed within the time limit

Various interpretations of the second Must See have caused some confusion. Upon review of the item, the Society has determined that – as of July 1, 2015 – candidates may perform head-up breaststroke, or head-up front crawl, or any combination of these head-up strokes. The award guide will reflect this interpretation on the next reprint.

Instant awards reminder

The Society's "instant" awards are easy to administer – and don't require test sheets to be sent to our office. Affiliates order the awards from the Society before running the course and present them "instantly" to successful candidates at evaluation time – reducing the cost of course administration. Our instant awards are:

- Swim for Life
- Canadian Swim Patrol (Rookie, Ranger, Star)
- Basic First Aid
- Anaphylaxis Rescuer
- CPR-A, -B and -C
- Lifesaving Fitness

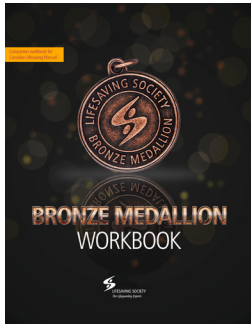
See page 33 of the Society's *Program Guide* for complete details on administration of candidate awards.

Canadian Surf Lifesaving Championships

August 28-30 • Martinique and Rainbow Haven Beaches, NS

Registration information will be posted at www.nsls.ns.ca.

New! Bronze Medallion Workbook



The *Bronze Medallion Workbook* is filled with structured activities that help students to master course content by directing them into the *Canadian Lifesaving Manual* for answers. Exercises build and reinforce knowledge progressively, with tips to help recall Bronze Medallion content. Workbooks are \$3.55 each at www.lifeguarddepot.com. English available in hardcopy or as download. French available as download only.

Lifeguard Depot.com®

1-844-647-7033

New Brunswick Waterfront Lifeguard Championships



Join us at Parlee Beach, August 5, 2015. Registration information is posted at www.lifesavingnb.ca. Changes to this year's championships include:

- Competitors enter only as a member of a 2-person team. Teams are comprised of 2 males or 2 females.
- The teams compete in 2 separate Divisions. Under 19 (U19) Division competitors must be a minimum of 15 years of age and a maximum of 18 years of age as of the 1st day of the championships. Open Division competitors must be a minimum of 19 years of age.
- In addition to recognizing the 1st place 2-person team champions, the New Brunswick club with the highest overall point score from both the U19 and Open Divisions shall receive the Club Banner.
- See website for promotional offer to affiliates entering teams in the Under 19 Division.

The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.