

S P L A S H

February 2016

Save the dates

April 16 – Maritime Lifeguard Competition – Truro, Nova Scotia.

April 30 – Lifesaving Society New Brunswick Annual General Meeting – hosted by the City of Saint John at Peel Plaza.

New Brunswick Pool Lifeguard Championships

When: Sunday, March 20, 2016.

Entry deadline: Friday, March 11, 2016.

Where: Town of Sussex Potash Corp Civic Centre, 240 Main Street, Sussex.

Eligibility: Competitors must be members of the same affiliated club or employees of the same affiliate member of the Lifesaving Society, and:

- Hold a current Bronze Cross or National Lifeguard certification.
- Be a minimum of 15 years of age.
- Be a registered athlete (download form at www.lifesavingsport.ca or from www.lifesavingnb.ca).

A team consists of four competitors (any combination of males or females). One alternate may be named, but can only be used in the case of injury to or illness of a team member. Multiple teams from the same club or affiliate are welcome.

Events: First Aid, Priority Assessment, Water Rescue. Event rules will be in accordance with the [Registration and Information Package](#) and Section 5 of the [ILS Competition Rule Book](#), 2015-2019 edition.

For more information, contact Ryan Ferguson at the Society's office – by email: ryanf@lifesavingnb.ca or by phone: 506-455-5762.

6 good reasons to switch to Swim for Life®

The Lifesaving Society is in the learn-to-swim business as part of our drowning prevention mission. Today, almost 1,000,000 Canadians participate in the Lifesaving Society's learn-to-swim program annually. Increasingly, more and more Canadian affiliates are reaping the benefits of a switch to Swim for Life. (Swim for Life in New Brunswick grew 40% in the last two years.) Here are six good reasons to consider the switch:

1. **It works:** The Swim for Life® program is a complete learn-to-swim program from Parent & Tot through Leadership that focuses on swimming strokes and skills and making kids Water Smart. Swim for Life levels lead seamlessly into the Society's lifesaving awards and onward into the Society's leadership training system.
2. **It's cost effective:** There is no per-participant fee. Our licensing arrangement means you pay no more no matter how many participants you attract. Save even more with our multi-year license options and loyalty program.
3. **It's flexible and easy to administer:** Customize content and choose the candidate recognition items (e.g., certificates, badges, seals) most appropriate for your clientele. We provide a CD of resources including worksheets, candidate recognition certificates and progress reports. Print them as you need them. Or use your own recognition system.
4. **It comes with a streamlined leadership development system:** The Lifesaving Society's simple and straightforward instructor training system minimizes barriers to certification. The Society's Assistant Instructor certification provides affiliates with a good way to engage youth early in leadership training. Young leaders can progress easily from Assistant Instructor through Swim and Lifesaving Instructor to more advanced certifications like First Aid and National Lifeguard Instructor.
5. **It comes with Find a Member:** "Find a Member" provides an easy way to check and verify candidate prerequisites and staff qualifications online.
6. **Switching is easy:** We're ready when you are. Just give us a call and we'll do the rest. Contact Program Manager Angela Johnson at the Society's office to discuss how Swim for Life can work for you.

Assistant Instructor Workbook – Now available in French

The Assistant Instructor Workbook is designed for candidates on the Lifesaving Society's Assistant Instructor Course. The Workbook contains content and learning activities that guides candidates through course content while drawing on candidates' personal experiences. Both French and English versions available at www.lifeguarddepot.com in hard copy or as downloadable PDFs.



Happy Anniversary!

2016 marks 125 years of drowning prevention throughout the Commonwealth by the Royal Life Saving Society. As a member of Lifesaving Society Canada, you share the outstanding heritage of our world-wide humanitarian charity and its lifesaving ideals. Thank you for being part of the global effort to eliminate drowning.



125 YEARS OF
COMMONWEALTH
DROWNING
PREVENTION

The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.

Lifesaving Training Manikin

Tough. Quiet. And Very Orange.

Excellent victim simulation tool for learning and practicing underwater recoveries, tows, and carries and removals.

Open at the bottom, the manikin easily fills with water and quickly submerges making it the perfect unconscious victim.

The manikin never needs to breathe and never complains it's cold. And no humans are injured while practicing removals.

Ideal for lifesaving courses, lifeguard training, employer screenings and lifesaving sport practice.

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