LIFESAVING SOCIETY The Lifeguarding Experts

SPLASH February 2014

Delivering First Aid Programs

The Lifesaving Society offers a comprehensive first aid and CPR program, including Workplace Standard First Aid. Most First Aid awards can be taught using the Canadian Lifesaving Manual — no extra books needed — and by Lifesaving Society Instructors.

The Society's Lifesaving Instructors are already certified to teach Basic First Aid, CPR-A, B and C, and Emergency First Aid with CPR-B.

Our Standard First Aid Instructors are certified to teach the Society's Workplace Standard First Aid certification, AED and Anaphylaxis Rescuer.

For those taking first aid training outside the lifesaving program, the Society's Canadian First Aid Manual offers a complete first aid resource – English or French – for only \$15.20. Candidates in the Society's AED and Anaphylaxis Rescuer courses would require this manual.

Programming First Aid with Lifesaving and Lifeguarding courses

Combining First Aid certifications with other Lifesaving Society courses is an efficient use of everyone's time, and ensures candidates have the required prerequisites for their next Lifesaving Society course. Programming is easy. Just add a few additional hours to your courses (see chart).

As of January 1, 2015 Emergency First Aid will become a prerequisite to Bronze Cross. To make sure your Bronze Medallion candidates are prepared, we recommend programming Emergency First Aid with Bronze Medallion.

Combining Workplace Standard First Aid with Bronze Cross is an effective way to prepare your candidates for work as assistant lifeguards — no extra courses needed.

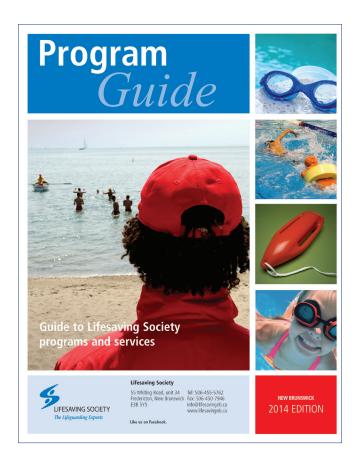
Now available in English and French

- First Aid Award Guide
- Canadian First Aid Manual
- Canadian Lifesaving Manual
- All First Aid test sheets

Order from the Society's office.



First aid awards combined with lifesaving awards	Additional instruction hours
Basic First Aid + Bronze Star	Add 2 hr. to Bronze Star
Emergency First Aid + Bronze Medallion	Add 4 hr. to Bronze Medallion
Emergency First Aid + Bronze Cross	Add 4 hr. to Bronze Cross
Workplace Standard First Aid + Bronze Cross	Add 8 hr. to Bronze Cross
Workplace Standard First Aid + National Lifeguard	Add 8 hr. to National Lifeguard



Now available

New Brunswick

LIFEGUARD

CHAMPIONSHIPS

Campbellton March 1, 2014

The City of Campbellton hosts the Society's 2014 Pool Lifeguard Championships on March 1. Complete details available in the Registration Package — available at www.lifesavingnb.ca or contact the office. Entry deadline is February 26.

Join us for our Annual General Meeting

The Annual General Meeting will be held in Moncton on Friday, April 25, 2014. Join us for a reception at 3:00 p.m. followed by the meeting at 4:00 p.m. in Shediac Room C at the Delta Beauséjour Hotel. Members and friends of the Society including instructors, examiners and affiliate representatives are cordially invited to attend.

The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.