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Check out our new bilingual, user-friendly website. Up-to-date content provides members with information on Society programs, policies and procedures. *Find a Form* provides members with downloadable forms such as test sheets and price lists. Our new site is a work in progress with new information being added regularly.

## Lifesaving Society Assistant Lifeguards

We have assistant lifeguards – and you're already training them! Lifesaving Society Bronze Cross and Workplace Standard First Aid awards are the requirements for assistant lifeguards in New Brunswick.

An assistant lifeguard must:

- be at least 15 years of age
- hold current Bronze Cross and Workplace Standard First Aid

Assistant lifeguards work with certified National Lifeguards to supervise swimmers. The number of assistant lifeguards cannot be greater than the number of lifeguards in a given facility.

Training assistant lifeguards is easy: program Bronze Cross and Workplace Standard First Aid courses together, using the *Canadian Lifesaving Manual* – a resource your candidates already have.

## 2014 Championships

### New Brunswick Pool Championships results

For the first time, the championships provided for team and individual entries:

#### Top three teams:

- |     |                         |
|-----|-------------------------|
| 1st | Dieppe                  |
| 2nd | Fredericton YMCA team A |
| 3rd | Fredericton YMCA team B |

#### Top three individuals (female):

- |     |                                     |
|-----|-------------------------------------|
| 1st | Sarah Hebb, Fredericton YMCA team A |
| 2nd | Rachel Betuik, Ram Fish             |
| 3rd | Mallory Smith, Ram Fish             |

#### Top three individuals (male):

- |     |                                       |
|-----|---------------------------------------|
| 1st | Jesse Clarke, Ram Fish                |
| 2nd | James Mullin, Fredericton YMCA team A |
| 3rd | Marcel Bourgeois, Dieppe              |



Congratulations to Ville de Dieppe's "Beam to Beam" team members – 2014 Pool Lifeguard Champions – shown here with Society President Doug Trentowsky (from left to right): Grégoire Cormier, Patrick Dugas, Alain Pelletier and Marcel Bourgeois. Photo credit: Jordan Nowlan.

For full results, visit the Society's website.

**NB Waterfront Championships** – The 2014 Waterfront Lifeguard Championships takes place on August 6 at Parlee Beach Provincial Park. Watch for registration information to be posted at [www.lifesavingnb.com/competitions](http://www.lifesavingnb.com/competitions).

**Canadian Surf Lifesaving Championships** – Join us on August 22, 23 and 24 at the warmest salt water beach in Canada! The 2014 Canadian Surf Lifesaving Championships will be held at Parlee Beach Provincial Park in Shediac. Located just 20 minutes from the airport and featuring lots of great places to stay and eat – you're going to love Parlee Beach!



Members and friends of the Society are cordially invited to attend our Annual General Meeting on April 25th at 3 p.m. at the Delta Beauséjour Hotel in Moncton. Visit our website for full details.

## Canada's everyday heroes

In 1964 – the year the National Lifeguard Service was officially launched – 113 Canadians were certified as National Lifeguards. Today, Canada's communities are protected by over 400,000 individuals who hold National Lifeguard certifications.

In the 50th anniversary year, we salute and celebrate our National Lifeguards – Canada's unsung heroes. Unsung, because lifeguards prevent the vast majority of incidents from happening in the first place. And unsung, because when they do respond, it's just doing the job.

National Lifeguards train hard for something they hope will never happen. We know this training pays off in supervised facilities – our drowning statistics prove it. But the training pays off beyond the pool deck or the supervised waterfront – in communities throughout the country. Canada's National Lifeguards are making a difference everywhere, everyday.

Like the National Lifeguards waiting at the entrance of the Community Centre to greet aquatic staff who were arriving for the Christmas party, when a man came running out to ask if anyone knew CPR – a member of the seniors club had collapsed.

Like the National Lifeguard who was driving home and spotted a man collapsed beside an out-of-control brush fire about 100 yards from the road.

Like the National Lifeguard who was driving with her parents to a launch pad for the family boat and learned an older man and his dog had capsized 800 m offshore.

Like the National Lifeguard who was coaching his high school rugby team when one of the opposing team's players was tackled and remained face down in the dirt in cardiac arrest.

Like the National Lifeguard who responded to a neighbour's cry for help and found an unconscious, non-breathing 16-year-old boy who had collapsed after swimming in the backyard pool.

Like the National Lifeguard on his way to teach a Swimming and Lifesaving Instructor course who came upon a collision with a four-year-old lying motionless and bleeding at the scene.

These guards knew exactly what to do and didn't think twice about stepping up to help.

Bravo! And happy anniversary.



The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.