

S P L A S H

August 2014

Check out Find a Course

The new Find a Course function is at your service. Check it out on the right-side navigation bar at www.lifesavingnb.ca. As a Lifesaving Society Affiliate Member, you can list Lifesaving Society courses on Find a Course to attract registrations. Listing on Find a Course means candidates can find your courses 24/7.

Send us your course information in whatever manner is most convenient for you – spreadsheet, list, email, copy of your aquatics brochure, etc. We'll need the name of the course(s), start dates and end dates, affiliate name, course fee, language, how to register (can include link to affiliates website URL for online registration, contact person and his/her email, phone number for registration).

Canadian Surf Lifesaving Championships

New Brunswick hosts Canadians from across the country at the 2014 championships at Parlee Beach, August 22-24. Competitors must register by the August 11. Information is available at www.lifesavingnb.ca.

Enter to win:

- The male and female winners of the LifeguardDepot.com Pentathlon each receive a \$500 LifeguardDepot.com gift certificate to present to the affiliate of their choosing.
- A random draw will award a custom design Dolphin racing board to a male and a female athlete who completed the Dolphin Surf Ski Race and/or Dolphin Board Race.

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Brenda Graham, 67: New Brunswick's oldest National Lifeguard



We spoke with Brenda Graham – New Brunswick's oldest currently certified National Lifeguard. A lifeguard for 29 years, Brenda currently works at the Canada Games Aquatic Centre in Saint John. We asked her about her time lifeguarding – here's what she said:

How did your original exam compare with the most recent?

I've always had Doug Trentowsky as an examiner. We have a wonderful rapport – he's always by-the-book but fair.

Have you ever rescued anyone? We have rescues at our aquatic centre; usually you just go in and pluck them out. I've been a Girl Guide and Scout leader for 38 years. I became a lifeguard to take these children [swimming]. At an international Girl Guide camp at Franklin Farms I had two rescues. One little girl couldn't get from the waterfalls to me which was about 40 feet away, the other went down in front of my feet and I plucked her out.

How does it feel to be New Brunswick's oldest National Lifeguard? It's absolutely awesome! I had waited for a long time. To keep fit, I go to the pool a lot. Right now I have a stronger front crawl than I did 30 years ago.

Introducing Alex Mullin

Please welcome Alex Mullin as Lifesaving Society New Brunswick's new Athlete Representative. Alex replaces Marcel Bourgeois who completed his term in June.

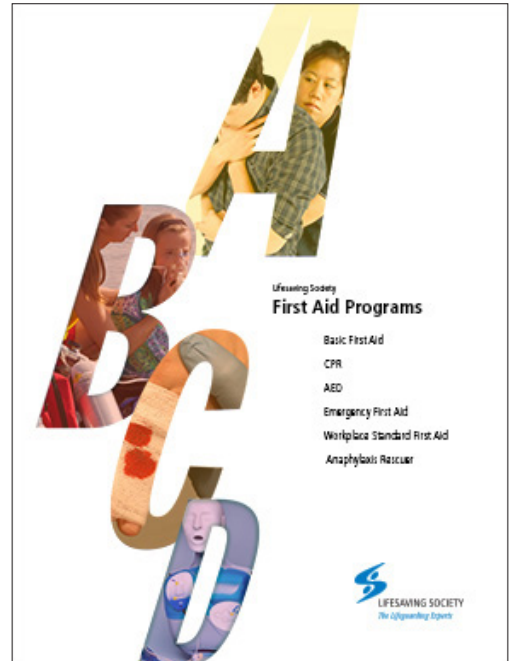
Alex is a National Lifeguard Instructor/Examiner and Open Water Official and thinks the Athlete Representative position is a great fit. "I thought it would be an interesting experience and it's related to what I'm doing in terms of education – Kinesiology, Recreation and Sport at UNB."

Alex has competed in waterfront and pool championships and is looking forward to the upcoming Canadian Surf Lifesaving Championships as a member of team New Brunswick. "I'm also excited to be going to France for Rescue 2014," says Alex.



Please welcome Colin Cruikshank

Colin Cruikshank has joined our office staff as Member Services Manager replacing Allison Juta who left in July. Welcome aboard Colin.



The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.