

Save the date

July 20–27: National Drowning Prevention Week

August 6: Officials Course, 10 a.m. to 5 p.m. at Parlee Beach Provincial Park

August 7: New Brunswick Waterfront Lifeguard Championship, Parlee Beach Provincial Park

August 23–25: Canadian Surf Lifesaving Championships, Martinique Beach, Nova Scotia

September 4–8: Commonwealth Lifesaving Championships, Canberra, Australia

Revised National Lifeguard program (Be Better. Do Good.)

The Lifesaving Society's National Lifeguard certification is Canada's professional lifeguard standard. Since it was formed, the National Lifeguard training program has undergone periodic revision. The latest update – introduced in June 2012 – features revised test items and performance standards and incorporates the most recent international resuscitation guidelines.

The updated National Lifeguard curriculum is grounded in important lifeguard competencies – judgment, knowledge, skill, fitness – and is guided by the following principles:

- demonstrated need
- research evidence
- consistency with regulations in Canada
- consistency with international standards (e.g., ILS, ILCOR)
- Lifesaving Society values

The result is a comprehensive, Canada-wide, professional lifeguard training standard.

Many knowledgeable and thoughtful Canadians have helped shape and improve the National Lifeguard training program since its inception. The most recent revision builds on their outstanding legacy.

As of June 30th, 2014 the revised program performance requirements and standards will apply to all recertifying New Brunswick National Lifeguards and National Lifeguard candidates.

Alison Juta – New Member Services Manager

The Lifesaving Society is pleased to announce the appointment of Alison Juta as Member Services Manager. Alison assumes responsibility for the administrative support of the Society's programs and services to members through the efficient operation of the Society's headquarters.

Alison comes to the Society with 10 years professional experience in office management in New Brunswick and the UK. Alison holds a Bachelor of Arts degree in English and French literature and a post graduate Higher Diploma in Education. She also holds Diplomas in Librarianship and Business.

As of July 29, Alison can be reached during business hours at the Society's office (email: alisonj@lifesavingnb.ca).





New! National Lifeguard T-shirts

Official Lifesaving Society National Lifeguard T-shirts featuring the revised National Lifeguard logo are in stock and ready to ship. The shirts come in Men's and Women's sizes and sell for \$17.26 plus tax and shipping.

Call the office to order or visit www.lifeguarddepot.com and order yours online today. During checkout, use Coupon Code M2FNLST to receive free shipping.

Quicker recertification

All Lifesaving Society Instructors and Examiners must recertify their awards every two years (24 months) to stay current and continue teaching. Using the Lifesaving Society Leadership Recertification Credit System is quick and easy.

What to do:

- Get the Recertification "Credit Card" (downloadable) found in the Leadership Recertification Credit System document on our website.
- Earn three credits during the two-year certification period by participating in courses, clinics and training programs identified on the Lifesaving Society Credit List.
- Record your credits on the Credit Card; dated and signed by the various course evaluators.
- Mail the completed Credit Card with the recertification fee (\$20 for one award, \$7 for each additional award, excluding Examiner appointments, to maximum of \$50) to the Society's office.
- National Lifeguard, First Aid, Lifesaving and Aquatic Supervisor/Management Instructors must collect their three credits from items marked with an *.
- Examiners must select at least one credit from items on the Credit List marked with a ☺.

For more information, contact the Lifesaving Society office by telephone at 506-455-5762 or email at info@lifesavingnb.ca.

The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.