

S P L A S H

December 2013



Program Guide

Heads up! The 2014 edition of the Program Guide will be available in January and distributed to all Affiliate Members in good standing. Additional copies can be ordered from the Society's office. The Program Guide will also be posted to the Society's website.

What is the Program Guide?

The Society's Program Guide is the repository of the "rules" within which Instructors, Examiners, Trainers and Affiliate Members offer Lifesaving Society programs.

In the 2014 edition, the first four sections provide details concerning Affiliate services available from the Society and Affiliate obligations and responsibilities; an overview of the Society's programs and services; policies affecting program delivery and member behaviour; and the administrative aspects of running the Society's programs.

The next six sections provide the specific information needed by Affiliates to organize and run the Society's Swim to Survive, Swim for Life, Lifesaving, First Aid, Lifeguarding, Lifesaving Sport and Leadership programs.

The final two sections offer information about how Affiliate Members can participate in or initiate Water Smart® public education activities or events to raise funds to support the Society's drowning prevention mission.

National Lifeguard Examination Policy

The full details of the Society's National Lifeguard Examination Policy can be found in Section 3 Policies. This policy outlines the minimum requirements for any National Lifeguard exam. In New Brunswick, this policy will come into effect June 30, 2014.

Some of the policies include:

- All National Lifeguard examinations must be submitted by an Affiliate Member of the Society.
- Pool facilities must meet the following minimum standards: 15 m long, 5 m wide and 1.5 m deep.
- All examinations must be conducted with the specific equipment required.
- The minimum number of candidates is one, however a minimum number of victims must be met to hold a National Lifeguard exam, and additional National Lifeguards must participate in situations.
- Candidates respond to emergency situations as a single lifeguard and as both a member and leader of a lifeguard team. A minimum of three lifeguarding situations are required.

The minimum number of potential victims may not be less than six. Victims' names and contact information must be recorded and submitted with the test sheets. The list above is not the complete National Lifeguard Examination Policy. Questions should be directed to Program Manager Angela Johnson at angela@lifesavingnb.ca

We encourage you to refer to the Program Guide often to ensure that we are all giving out the correct information. And, as always, we invite your feedback on how to improve the next edition.

Prerequisites At-a-Glance

In the 2014 edition of the Program Guide, we have included "Prerequisites At-a-Glance". Found in the inside back cover, this table provides a quick reference to the prerequisite requirements for all Lifesaving Society training programs.

Please help us get it right

As of January 1, 2014, the Society begins direct-mail distribution of awards to candidates. Please ensure both mailing addresses and email addresses on test sheets are accurate and legible. The inclusion of email addresses allows us to easily contact candidates if there is a problem.

Office closure over Christmas



The Lifesaving Society New Brunswick office will be closed for the holidays from December 23rd to 27th. Please plan to place your orders early.

Save the Date

New Brunswick Pool Lifeguard Championships – March 1, 2014 – Campbellton Civic Center, Campbellton, NB

The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.