



Lifesaving Society New Brunswick – December 2025

Emergency Response Championship returns

November 15 saw the first NB Emergency Response Championship held in six years. Although challenges such as the residual effects of a pandemic, a lifeguard shortage, and therefore poor registration numbers prevented the championship for the past half-decade, 2025 marked the grand return of the event.

A total of six teams from three different clubs competed for the championship. The Canada Games Aquatic Centre (CGAC) entered one team, the Université de Moncton (UdeM) entered two, and our host, the Dieppe Aquatic and Sports Centre (CASD) entered three teams. In addition to these athletes, a total of 15 judges and ten volunteers who simulated victims participated in this spectacular event.

Following an impressive display of emergency response techniques and lifesaving skills, the overall club results were announced:

- 1st Dieppe Aquatic and Sport Centre (146 points)
- 2nd Université de Moncton (87 points)
- 3rd Canada Games Aquatic Centre (46 points)

When it comes to emergency response, teamwork saves lives. The results for the overall team were announced next:

- 1st Jérémie Courteau Pellerin and Samuel Aucoin (54 points)
- 2nd Austin Lemieux and Mathias Merlin (52 points)
- 3rd Grant Handrigan and Boris Bourgeois (50 points)

After a successful return in 2025, we look forward to seeing what 2026 holds for the New Brunswick Emergency Response Championship!

NO MORE NON-AFFILIATE COURSES

In accordance with the 2025 edition of the Lifesaving Society New Brunswick Program Guide, all Lifesaving Society courses from January 1, 2026, onward must be hosted by a Lifesaving Society affiliate member. This is to maintain program quality standards and consistency, remain in compliance with best practices in similar industries and ensure all candidates receive the same high-quality instruction, resources and information.

Affiliation with the Society also brings privileges in support, credit privileges for ordering course materials, and more! For more information about our benefits and services, please visit our [website](#). If you know anyone interested in offering courses independently and are unsure where to start, please contact [Grégoire Cormier](#) for guidance.

July 19-25, 2026

National Drowning Prevention Week

LIFESAVING SOCIETY

The Lifesaving Society acknowledges and thanks the Government of New Brunswick for its ongoing support of our drowning prevention mission.

National Ice Safety Day

Did you know that 35% of drownings in the Maritimes occur during the colder months (October–April)?

The Lifesaving Society Canada has designated, March 1 2026, as National Ice Safety Day and we need your help to spread Water Smart Ice Safety messaging on this day and throughout the colder months!

Here are some quick ways to start:

- Swim for Life Affiliates – Share the colouring sheets found in your Swim resources and check our [Ice Safety](#) messaging here!
- Help spread awareness at your facility by creating posters, activity stations and special events to share Water Smart Ice Safety messaging.
- The Canadian Safe Boating Council (CSBC) offers a series of Cold Water Awareness videos with tips on how to prepare for and survive in cold water, including the important 1–10–1 principle. Visit [csbc.ca](#) for these and other important water safety campaigns.

Be sure to mark your calendars and prepare your messaging for National Ice Safety Day on March 1!



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Changes coming to First Aid

Changes to our First Aid program are on the way! These changes will affect First Aid Instructors, First Aid Examiners, First Aid Trainers, Lifesaving Instructors and Lifesaving Trainers.

- Internally, the Lifesaving Society has decided to swap the **CPR Level B**, which was paired by default with the Emergency First Aid course, with a **CPR Level C** similar to the Standard First Aid course. This adjustment has been made to respond to market demand and the rising request of Emergency First Aid as a workplace-designated course for low-risk work, while maintaining a manageable time slot for the course.
- Beginning January 1, 2026, all courses delivered under the Lifesaving Society's curriculum, including our First Aid Program, must be organized through an Affiliate Member. Individuals will no longer be able to set up courses on their own and submit test sheets. For more information on Affiliate Membership, please refer to Section 1 of our [Program Guide](#).
- Our First Aid Program has been realigned with the CSA Z1210-17 standards adopted by the province of New Brunswick in 2024. This is required for approval to be renewed as a Workplace First Aid provider, as we comply with this standard to continue offering First Aid courses in the province. Changes in these standards will include shifts in course titles: **Emergency First Aid** will become **Basic First Aid**, and **Standard First Aid** will become **Intermediate First Aid**. The content of these courses will not be significantly impacted; rather, the way the courses are delivered will change.

First Aid update clinic

Once the approval process is complete, we will conduct weekly **First Aid Update Clinics** online and in person across the province for the next few months to allow First Aid Instructors, First Aid Examiners, First Aid Trainers, Lifesaving Instructors and Lifesaving Trainers the opportunity to get started. This clinic will not affect the two-year certification cycle but will grant candidates two recertification credits. After January 1, 2026, it will be mandatory to have taken the First Aid Update Clinic **before** teaching any First Aid courses.



2026 PRICES AND FEES

The complete 2026 price list is posted on [Find a Form](#) on the Society's website.

Affiliates will be sent their annual affiliate fee and swim license renewals in the new year. Affiliate fee and swim license prices can be found on the detailed price list linked above.

Junior Lifeguard Club (JLC)

The Lifesaving Sport Council is eager to increase youth participation in Lifesaving Sport and instill the passion for lifesaving in the next generation of lifeguards. One of the most effective ways to achieve this is through the Junior Lifeguard Club Program.

The Junior Lifeguard Club (JLC) steps away from the traditional swim lesson template and allows the coach or instructor to run the program with greater freedom. This allows each Junior Lifeguard Club to fit the needs of each individual facility. JLCs can be run as a regular eight-week or ten-week session, or they can be set up similarly to a sports team where the participant joins the club for a season lasting any length of time.

In addition to flexibility in scheduling, the programming and content of the JLC can also accommodate the specific interests of a facility. If your facility is looking to grow Lifesaving Sport, the JLC program is a great conduit to introduce it to young lifesavers. This customizable program can be used to teach pool races and priority assessment or could even be run on a waterfront to teach youth about various events held outside of the pool deck.

Please note that if your facility intends to use the program as a bridge between the Swim for Life program and the Bronze courses, it is recommended that you focus on lifesaving and lifeguarding skills in areas that you believe new lifeguards may be struggling.

If you are looking to increase youth engagement in lifesaving and lifeguarding, starting a Junior Lifeguard Club program at your facility could be the way to go! If you have any questions about the JLC or starting one in your area, please reach out to [Ben Tremblay](#).

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The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1.2 million Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.