



LIFESAVING SOCIETY
The Lifeguarding Experts

Basic First Aid with AED & CPR-C

CSA Std. Z1210-17 (January 2026)

Side 1: **Please print** each candidate's name and contact information legibly.

Date of birth	Goals of first aid	Legal implications of first aid	Self-protection	Anat. & phys. of ABC priorities	Assessment	Two-rescuer CPR with AED skills: adult, child & infant	Obstructed airway: conscious adult, child & infant	Obstructed airway: unconscious adult, child & infant	Management of bystanders	Respiratory emergencies	Circulatory emergencies: shock, heart attack/angina, ext. bleeding, stroke	Wounds: abdominal injury, burn injury, facial injury	Care of unconscious victim	Written test	Result
	1	2	3	4	5	6	7	8	9	10	11	12	13		
1 Name Address Apt # City Postal Code E-mail Phone Year Month Day															
2 Name Address Apt # City Postal Code E-mail Phone Year Month Day															
3 Name Address Apt # City Postal Code E-mail Phone Year Month Day															
4 Name Address Apt # City Postal Code E-mail Phone Year Month Day															
5 Name Address Apt # City Postal Code E-mail Phone Year Month Day															

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Check box if there are more candidates on the reverse side of this page.

This test sheet is Page _____ of _____ Pages.



Satisfactory Performance

F - Fail

Total Pass
for Exam

Total Fail
for Exam

Payment information

☐

Exam fees attached

☐

Exam fees not attached

Send invoice or receipt to:

Host name (Affiliate)

()

Telephone

Street address

City

Prov.

Postal code

Exam information

Exam date: YY MM DD

()

Facility name (e.g., name of pool)

Telephone

Lifesaving or Standard First Aid Instructor information

Instructor's name

ID#

E-mail address
()

Telephone

Signature required

This section to be completed by the Lifesaving or Standard First Aid Instructor who examined the candidates.

Name

ID# (optional)

E-mail address
()

Telephone

Signature required



LIFESAVING SOCIETY
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CSA Std. Z1210-17 (January 2026)

Side 2: **Please print** each candidate's name and contact information legibly.

Date of birth	Goals of first aid	Legal implications of first aid	Self-protection	Anat. & phys. of ABC priorities	Assessment	Two-rescuer CPR with AED skills: adult, child & infant	Obstructed airway: conscious adult, child & infant	Obstructed airway: unconscious adult, child & infant	Management of bystanders	Respiratory emergencies	Circulatory emergencies: shock, heart attack/angina, ext. bleeding, stroke	Wounds: abdominal injury, burn injury, facial injury	Care of unconscious victim	Written test	Result
	1	2	3	4	5	6	7	8	9	10	11	12	13		
6 Name Address Apt # City Postal Code E-mail Phone Year Month Day															
7 Name Address Apt # City Postal Code E-mail Phone Year Month Day															
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9 Name Address Apt # City Postal Code E-mail Phone Year Month Day															
10 Name Address Apt # City Postal Code E-mail Phone Year Month Day															

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Check box if there are more candidates on the reverse side of this page.

This test sheet is Page _____ of _____ Pages.



Satisfactory Performance



F - Fail

Total Pass
for Exam

Total Fail
for Exam

Host name (Affiliate)

()

Telephone

Please complete Instructor and Payment information sections on Side 1 of the test sheet. Host name, Exam information and Examiner sections must be completed on both sides 1 and 2 of the test sheet.

Exam information

Exam date: YY MM DD

Facility name (e.g., name of pool)

()

Telephone

This section to be completed by the Emergency or Standard First Aid Instructor who examined the candidates.

Name

ID# (optional)

E-mail address

()

Telephone

Signature required